



Be Safe. Be Well. Be Healthy.

**Board of Directors
MEETING MINUTES**

Wednesday March 8, 2017
11:30 a.m.

Burleson City Hall
141 W Renfro, Burleson ,TX
Council Chambers

Present

Belinda Alles
Kim Autrey
Brent Batla
Labeth Carter
Lisa Duello
Jesse Elizondo
Coralee Flug
Lisa Flynn
Louis Giddings
Michael Halsell
Jessica Hamilton
Mikala Hill
Jammie Josephson
Dan McClendon
Natalie Mullin
Alex Philips
Priscilla Shields
Stacy Sturlin
Katelyn Tyler

Not Present

Carsen Bevel
Erica Bevel
David Cohen
Karen Goodman
Kathryn Hovland
Josh Jacobs
Emily Jones
Jules Knight
Vanessa Longoria
Jessica Mack
Tara Meyer
Jon Walker
David Wardlaw

Present:

Be Healthy Burleson Coordinator: Lisa Poteete

1. **Call to order/ Introductions:** **Time:** 11:45 a.m.
2. **Minutes & Financial Transactions**
 - A. **Approval of January 18, 2017 BHB Board of Directors meeting minutes**
 - B. **Approval of Financial Summary - Attachment A**

Motion to Approve Minutes & Financial Transactions by Jesse Elizondo; Seconded by Lisa Duello. Approved by unanimous vote (20-0)

3. Items for Consideration

A. Be Healthy Burleson Hashtag (Coralee Flug)

Vice-Chair Coralee Flug explained the purpose of a hashtag on social media. She encouraged everyone to use the #BeHealthyBurleson hashtag for all health and wellness related posts.

B. Clean Heart Clean Community program

Chair Alex Philips explained a new program that Be Healthy Burleson and Keep Burleson Beautiful are partnering on. We will be placing posts that contain trash pickers, trash bags, and a sign at trails around Burleson. The idea is to encourage the community to pick up litter as they walk on trails. We are looking to place the first one at the BRiCk to see how it goes. Alex Philips requested a \$250 donation to get this program started. Lisa Duello mentioned that the Keep Burleson Beautiful board would match the contribution as well.

Motion to approve the \$250 donation by Belinda Alles; seconded by Louis Giddings. Approved by unanimous vote (20-0).

C. City Council meeting

Lisa Poteete announced that she will be doing a presentation to City Council on Monday, March 20 at 7:00 p.m. She will be recognizing the board for all of their accomplishments so far as well as recognize the Be Healthy Initiative for the “Wellness Champion” award. It was given to Be Healthy Burleson by Texas Health Burleson Neighborhood Care and Wellness at the Annual Chamber Awards Luncheon. She asked for as much participation as possible from the board to attend this City Council meeting.

4. Be Healthy Burleson Committees

A. Report: Be Healthy Burleson Business Certification Committee

- Next meeting: Friday, March 17 at 10:00 a.m. – City Hall Council Workroom

Lisa Poteete gave a report on the certification committee. She met with Tara Meyer, Stacy Sturlin, Emily Jones, and Natalie Mullin to develop the criteria for the school certification process. At the next meeting, business certification will be discussed.

B. Report: Be Healthy Burleson Annual Run Committee meeting

- Next meeting: Thursday, March 23 at 11:30 a.m. – Grump’s Burgers
- Sponsor/Vendor/Volunteer meeting: Friday, April 7 at 11:30 a.m. – City Hall Council Cambers

Alex Philips gave a report on the last run committee meeting. The run is a big focus right now. Almost all sponsorship spots are full and the registration rate is triple what it was compared to last year. Volunteers and board members will be needed the week leading up to the race as well as race day.

5. Community partners' upcoming events

- Texas Health
 - March 29: Nutrition for a healthier heart class
 - April 19: "Why Wait?" 4 week weight loss class
 - April 29: Women's health fair event
- Fire Department
 - March 25: FD Open House – releasing drowning PSA video
 - SNAP Program
- Neighborhood Services
 - April 29: Trash Bash at Warren park
 - May 13: Household Hazardous waste
- City Market
 - Check out the chalkboards in store promoting Be Healthy Burleson.
- Cook Children's
 - March 10: Johnson County Alliance for Healthy Kids is hosting a "School Gardens: Train the Trainer" class from 8:00 a.m. – 4:30 p.m.

6. Determine date for next board meeting – May

The next board meeting is scheduled for Wednesday, May 24 at 11:30 a.m.

7. Non-Agenda Comments

None at this time

8. Adjourn

There being no further business, Chair Alex Philips adjourned the meeting.

Time: 12:24 pm

Lisa Poteete, Recording Secretary
Be Healthy Burleson Coordinator